

Week 1

Monday

Option 1 Sizzling Sausages
Option 2 Veggie Sausage (V)
Option 3 Tuna & Lettuce Roll
Option 4 Jacket Potato & Egg Mayo
New Potatoes, Seasonal Veg & Gravy
Shortbread & Custard, Fresh fruit or yogurt

Tuesday

Option 1 Smokey Joe's Chicken
Option 2 Quorn Stir Fry (V)
Option 3 Beans on Toast
Option 4 Jacket Potato & Tuna
Pasta, Peas & Sweetcorn
Jam & Coconut Sponge, fruit or yogurt

Wednesday

Option 1 Roast Beef & Yorkshire Pudding
Option 2 Lentil Loaf (V)
Option 3 Roast Vegetable Wrap
Option 4 Jacket Potato & Cheese
Roast Potatoes, & Farmhouse Veg
Frozen Yogurt, Fresh fruit, or yogurt

Thursday

Option 1 "Homemade" Pizza Margarita
Option 2 Pasta with Tomato and Pesto (V)
Option 3 Ham Sandwich
Option 4 Jacket Potato with Chicken & Sweetcorn
with Crispy Wedges & Garden Peas
Rocky Road & Fruit Juice, fresh fruit or yogurt

Friday

Option 1 Cod Fish Fingers
Option 2 Noodle Stir Fry (V)
Option 3 Jam Sandwich (V)
Option 4 Jacket Potato & Cheese
Crispy Chips, Farmhouse Veg
Chocolate Eclair, fresh fruit or yogurt

Week 2

Monday

Option 1 Macaroni Cheese & Crusty Bread
Option 2 Vegetable Crumble (V)
Option 3 Beans on Toast
Option 4 Jacket Potato & Tuna
seasonal Veg
Eve's Pudding & Custard & fruit or yogurt

Tuesday

Option 1 Chicken & Sweetcorn Pie
Option 2 Cheese Toastie (V)
Option 3 Tuna Wrap
Option 4 Jacket Potato with Cheese & Sweetcorn
Saute Potatoes, Mixed Vegetables
Fruity Jelly & Biscuit, fresh fruit or yogurt

Wednesday

Option 1 Roast Gammon & Pineapple
Option 2 Vegetable Tart (V)
Option 3 Choc 'o' Block Chicken Wrap
Option 4 Jacket Potato & Cheese
Roast & Creamed Potato, Carrots, Broccoli
Ice Cream Tub & Biscuit, fresh fruit or yogurt

Thursday

Option 1 Beef Lasagne
Option 2 Roast Veg Pasta (V)
Option 3 Cheese & Cucumber Roll
Option 4 Jacket Potato & Beans
Garlic Bread and Vegetables
Strawberry Cheesecake, fresh fruit or yogurt

Friday

Option 1 Fish Cod Bites
Option 2 Vegetable Burger (V)
Option 3 Marmite Sandwich
Option 4 Jacket Potato & Cheese
Crispy Chips, Farmhouse Veg
Iced Sponge, Fruit Juice, fresh fruit or yogurt

Week 3

Monday

Option 1 Pasta Bolognese with Garlic Bread
Option 2 Ratatouille (V)
Option 3 Cheese Wrap
Option 4 Jacket Potato with Tuna & Sweetcorn
Pasta and Green beans
Chocolate Sponge & Choc Sauce, fresh fruit or yog

Tuesday

Option 1 Homemade Sausage Roll
Option 2 Vegetable Chilli (V)
Option 3 Tuna Sandwich
Option 4 Jacket Potato & Spicy Chicken
Creamed Potato & Spaghetti Hoops
Flapjack, fresh fruit or yogurt

Wednesday

Option 1 Roast Chicken & Stuffing
Option 2 Fish Finger Roll (V)
Option 3 Ham & Lettuce Sandwich
Option 4 Jacket Potato & Cheese
Roast & Creamed Potato, Carrots & Broccoli. Gravy
Ice cream, Sponge Roll, fresh fruit or yogurt

Thursday

Option 1 "All Day Breakfast"
Option 2 Sweet Potato & Lentil Curry (V)
Option 3 Cheese & Tomato Sandwich
Option 4 Jacket Potato & Beans
Lemon Drizzle Cake & Fruit Juice, fresh fruit or yogurt

Friday

Option 1 Breaded Fish
Option 2 Salmon Nuggets
Option 3 Egg & Mayo Roll (V)
Option 4 Jacket Potato & Cheese
Crispy Chips, Farmhouse Veg
Doughnut & Milkshake, fresh Fruit or yogurt

September 2018

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2018

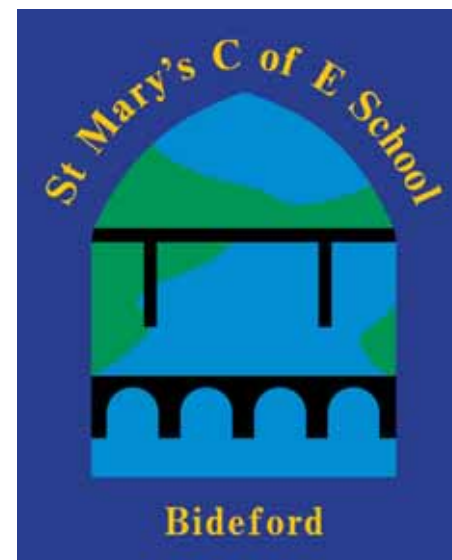
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Frutina Slush available daily
as a dessert choice
 75% Fruit juice
 No artificial colours, Natural flavour
 No added sugar
 1 cup counts as 1 of your "5 a day"
ALSO AVAILABLE FOR SALE - 50P



Wherever possible we use red tractor assured locally sourced ingredients



Dinner Menu

Autumn Term
 (first half)

